

Kit List - Sweden

You will wear the **casual** uniform when travelling (coach, ferry etc)

Overnight back-pack for 1 night on the Ferry (up to 30 litres) containing:

- Change of underwear
- Night clothes/pajamas
- Personal Washing Requirements
- Fleece/jumper (ferries can be cold)
- Water bottle (robust and refillable, for the journey and for hiking./visit days)
- On arrival at camp we will immediately put up tents - it will be dark, it could be raining/cold:*
 - a torch
 - Waterproof jacket/coat

No snacks/sweets to be eaten ON the coach. Only water to be taken

Note - this Small ruck-sack to hold the above and for use on hikes and outings whilst at camp

Main holdall containing:

- Sleeping bag
- Roll mat/blanket (optional)
- Waterproofs (top and bottoms)
- Fleece jumpers/tops
- Outdoor trousers (at least one non-denim)
- Spare clothing
- Shirts / T-shirts
- Shorts
- Swimming costume
- Towels: Bathing & shower towels
- Underclothes & Socks
- Training Shoes (at least 1 pairs)
- Sandals/Crocs or similar footwear for water activities.
- Personal First Aid Kit
- Torch & spare batteries
- Flask/Water (bottle for day trips)
- Camera (optional)
- Cap or sun hat
- Sun cream & lippy

This bag is NOT accessible on the coach/ferry.

Everything must fit inside this holdall.

We will be having laundry sessions, so you do NOT need 16 days worth!

NOTE: no plate, cup, cutlery - we will take them

Hiking boots are NOT essential.

NOTE: The above are suggested items, you may vary them as you wish.

Snacks and drinks in the coach: No snacks/sweets or drinks will be consumed in the coach (except water) BUT you may take snacks/sweets and other drinks to be consumed at our rest stops.

Medication: Must be handed in to a leader on departure, with written instructions

Mobile phones: MUST NOT be taken to camp. Leaders will have access to telephones for emergency use.

The leaders cannot accept responsibility for loss or damage to personal equipment. Scout camps are hostile to electronic games, mp3 players and other delicate equipment. We strongly suggest that these and similar items are left at home.

Luggage:

- Everything MUST fit INSIDE your holdall
- No deck-chairs or stools will be taken.
- you can take 1 pillow on to the coach in addition to your hold-all and day-sack

CASUAL UNIFORM = any footwear, Scout POLO shirt, neckerchief
trousers or shorts - dark blue, plain, no stripes, must look smart