

# LEFT Arm

The left arm is used for ACTIVITY badges. These are generally round with either a red or purple border. They can be in any order and 2 or 3 across.

For staged activity award—those with the purple borders (e.g. Swimming, Nights away etc) only the highest stage reached should be sewn on, so replace the 1 nights away badge with the 5 nights away badge, you should not wear both the 1 and 5 nights away badges.

